



The Eight Starter Questions

1. These words describe who I am right now.
2. These words describe the person do I want to be.
3. These words describe my current relationship with my family and friends.
4. These words describe how I wish my relationships were.
5. These words describe my work, school, or career.
6. These words describe how I wish work, school, or career would be for me.
7. These events, people, and situations bring me joy.
8. These people are my role models.

Write a date 3 weeks from now: